



January-May 2024

Community Services

Family Forums

The Gift of Dyslexia

Tuesday, March 5th 6-7:30pm Children's WI 705 S. 24th Ave Wausau Presented by Anne Mataczynski, GEM Learning Cen-

What do Cher, Leonardo da Vinci, Whoopi Goldberg, and Walt Disney all have in common? Dyslexia. Their genius didn't occur in spite of their dyslexia, but because of it. Let's change our perspective of dyslexia from disability to gift, by starting with a clear, accurate understanding of what dyslexia really is, and what causes it. Registration is required for the onsite childcare.

The Wiggles!

March 12th 5:30-7pm Children's WI 705 S 24th Ave Wausau Presented by Michaella Brickner, LPC

Are all kids this wiggly? Have you thought this about your young child? Join us to learn more about ADHD/ADD, signs and symptoms in young children, what age children may be diagnosed, what treatment could look like, and best practices in therapy. Come learn about regulation and strategies to help with your young child's wiggles! This presentation will focus on children around the ages of 0-6 years old.

Family Events

Kids in the Kitchen!

Tuesday, April 2nd 6:00pm Children's WI 705 S. 24th Ave Wausau Presented by Penny Schmitt, FoodWise Nutrition Educator

Join us for this popular program! Make a healthy snack while learning from a nutritionist how to get your kids to WILLINGLY eat healthy. Bring your kids ages 1-10yo. Registration is required! Call 715-848-1457 to re-

SPACE IS LIMITED FOR EVENTS REGISTRATION IS REQUIRED TO ATTEND Call: 715.848.1457 or Email: amjohnson@childrenswi.org

Parent Cafe

Thursdays, January 4th, February 1st, March 7th, April 4th, May 2nd, June 6th 6-7:30pm Children's WI 705 S. 24th Ave Wausau

Do you have a child in regulated childcare? Come and connect with other families that understand the challenges and joys of parenting! FREE treats, prizes and child care! Parent Cafés help build strong families using The Five Protective Factors. At a parent café you will be able to connect with other local parents, learn strategies to strengthen relationships with your Children, and receive concrete support for your family. Email AMJohnson@childrenswi.org to register for this series.



Five for Families

Thursdays, January 18th and February 22nd 5:30-6:45pm Children's WI 705 S 24th Ave Wausau

Want to help your family flourish?

Connect with others to learn about Five for Families and the Five Strengths. Topics include Helping Kids Understand Feelings, Parenting as They Grow, Connecting with Others, Building Inner Strength, and Knowing How to Find Help. Attend one or all of these casual sessions to build a stronger happier family. Registration is required!



Find us on... facebook

'Children's Wisconsin-Marathon County Family Resource Center'



Stay updated on our latest programing, and get great real-world parenting tips.

Children's Wisconsin

705 S. 24th Ave., Suite 400 Wausau, WI 54401 715-848-1457

amjohnson@childrenswi.org Find us on the web at childrenswi.org/wausau



Family Matters

PROGRAMS AND SERVICES

January—May 2024

Ongoing Services

LEAP (Learning Essentials about Parenting)

Parenting is a joy but challenging too. Let's work together solving problems and strengthening relationships in your home. A 9-week series, topics include building self-esteem, child development, communication skills, media, positive discipline techniques and more. 6 –7:30pm Mondays Registration Required. Call 715-848-1457

LENA Start Marathon County

Jump start your 0-45 month old for success in school and in life with this FREE 10 week program that emphasizes the importance of communication. Learn more about how early talk builds babies' brains. Includes <u>FREE</u> books, incentives, gift cards and all materials. Virtual and in-person options. Classes begin mid-February. *Must start on class one*. **Register at LenaStartMC.org**

Parent Aide Triple P In-Home Program

This 10 week program promotes positive parenting practices to address and prevent a range of social, emotional, and behavioral problems in children and teens. For parents with children in regulated childcare with children ages 0-17. Call 715-848-1457 for more information or to sign up.

Programs are free of charge and are not an Athens, Abbotsford, Edgar, DCE, Marathon, Wausau, Spencer, Stratford or Newman Catholic School District sponsored activity and the opinions expressed are not necessarily those of the school district or their personnel.

Parent Chat

Parents can schedule private, individual sessions with a staff person who can provide parenting information and support or connect you with the right community resource. Call 715-848-1457 and ask to be connected with a Parent Educator.

Warm Line

This is your non-emergency connection to speak with an expert on the day-to-day trials of child rearing and receive practical parenting information, tools, and advice. Call 715-848-1457 and ask to speak with a Parent Educator.

Play and Learn

Wednesdays 9:30 am-10:30 am

Wausau Library 300 1st St. Wausau

Connect with others who have young children and enjoy early learning activities to enhance your child's development and promote school readiness. For children ages 0-6yo. Registration is required upon entry.

Join us and have some fun!